

# Simple Steps to Easier Brushing



1

Start by gently handling the muzzle area for a few seconds on a regular basis. For best results, choose “quiet times” only for handling your pet’s mouth and muzzle area. End each session on a positive note.



2

Next, introduce a pet toothpaste.

- Introduce a small amount of toothpaste with a finger.
- Start with the canine teeth (fangs) and gradually work around the entire mouth. Be sure to include the gums as well as the teeth.



3

Now it's time to introduce the toothbrush – use one provided or recommended by your veterinarian.

- Wet the bristles and place a line of toothpaste on the brush pressing it firmly into the bristles with your finger.
- Hold the toothbrush like a pen and concentrate solely on the canine teeth using a gentle circular motion.



4

You can now start to work along the top teeth from the canines to the back of the mouth using a gentle circular motion.

- Gradually build up the amount of time and pressure applied to each tooth.
- It is not necessary to brush the inside surfaces as most of the tartar accumulation occurs on the outside surface.



5

Your final step is brushing the front teeth.

- Gently take hold of the muzzle and lift the upper lip.
- Use an up and down motion on the front teeth.

The time and effort that you commit to this training process can make a significant improvement in your pet's dental health. This will impact the quality of life of your pet and will enhance the bond that you share with your companion animal.

